



Director – John Adamson

Administrator – Karen Adamson

John Adamson (Director) born in England and trained at the Arts Educational School and the Royal Academy of Dancing. Subsequent studies at the Houston Ballet Academy and the Hartford Ballet Company where he danced professionally.

### CURRICULUM

- Ballet:** A carefully planned syllabus taking students systematically from the beginning to a pre-professional level.
- Creative Dance:** Discovering the fun of dance and music through exercises and activities designed especially for the young child, providing them with a basis for all forms of dance.
- Pre-Ballet:** The fundamentals of dance and an introduction to classical ballet designed for the physical capabilities and interests of the young dancer.
- Jazz:** Jazz technique, Hip-Hop, Contemporary & Broadway Jazz.

### 2024/2025 Fall/Spring Class Schedule

Classes Begin Monday, August 19, 2024

#### Creative Dance & Pre-Ballet

Mommy & Me (18-35 months)	-Tues	10:30-11:00
Creative Dance (ages 3 & 4)	-Fri	4:45- 5:30
	-Sat	9:15-10:00
Pre-Ballet (age 5)	-Mon	5:30-6:30
	-Sat	10:00-11:00

#### Ballet (Cont.)

Ballet VII (students required to take 6.5 hrs /wk)		
	-Mon	7:30-9:00
<i>(Entire Class on Pointe)</i>	-Wed	7:45-9:45
	-Fri	6:30-8:00
Pointe Class	-Mon	9:00-9:30
	-Fri	8:00-9:00

#### Ballet

Ballet IA (1 <sup>st</sup> & 2 <sup>nd</sup> grade)	-Mon	4:30-5:30
	-Thurs	6:30-7:30
	-Sat	11:00-12:00
Ballet IB (ages 8 & up)	-Fri	7:30-8:30
Ballet IIA	-Tues	5:30-6:30
	-Fri	6:30-7:30
Ballet IIB	-Tues	4:30-5:30
	-Fri	5:30-6:30
Ballet III (students required to take 2.25 hours/wk)		
	-Mon	4:30-5:30
<i>(Wed. includes pre-pointe)</i>	-Wed	4:30-5:45
Ballet IV (students required to take 4 hours/wk)		
	-Tues	4:30-6:00
	-Thurs	4:30-6:00
Pointe Class	-Tues	6:00-6:30
	-Thurs	6:00-6:30
Ballet V (students required to take 4 hours/wk)		
	-Mon	5:30-7:00
	-Wed	5:45-7:15
Pointe Class	-Mon	7:00-7:30
	-Wed	7:15-7:45

#### Adult/Teen Beginner Ballet

Ages 13 and up	- Mon	7:30-8:30
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#### Jazz

Jazz 1A (ages 6 & 7)	-Wed	5:30-6:30
Jazz 1B (ages 9 – 11)	-Wed	6:30-7:30
Jazz 2A (ages 7 & 8)	-Wed	4:30-5:30
Jazz 2B & 3	-Tues	6:30-7:30
	-Thurs	5:30-6:30
Jazz 4	-Mon	6:30-7:30
Jazz 5	-Wed	7:30-8:30
Jazz 6	-Mon	8:30-9:30
	-Wed	8:30-9:30
Jazz 7	-Tues	8:30-9:45
	-Thurs	8:30-9:45

#### Dance Team

Ballet VI (students required to take 4 hours/wk)		
	-Tues	6:30-8:00
	-Thurs	6:30-8:00
Pointe Class	-Tues	8:00-8:30
	-Thurs	8:00-8:30
Dance Team Prep Class (7 <sup>th</sup> - 11 <sup>th</sup> grade)	-Sat	10:00-11:30

