



Director - John Adamson

Administrator - Karen Adamson

2025/2026 Fall/Spring Class Schedule

Creative Dance & Pre-Ballet

Mommy & Me (18-35 months)	- Mon	10:30-11:00
Creative Dance (ages 3 & 4)	- Mon	10:30-11:15
	- Fri	4:45-5:30
	- Sat	9:15-10:00
Pre-Ballet (age 5)	- Mon	5:30-6:30
	- Sat	10:00-11:00

Ballet

Ballet IA (1st & 2nd grade)	- Mon	4:30-5:30
	- Thurs	6:30-7:30
	- Sat	11:00-12:00
Ballet IB (ages 8 & up)	- Fri.	7:30-8:30
Ballet IIA	- Tues	5:30-6:30
	- Fri	6:30-7:30
Ballet IIB	- Tues	4:30-5:30
	- Fri	5:30-6:30
Ballet III (students required to take 2.25 hours/wk)	- Mon	4:30-5:30
<i>(Wed. includes pre-pointe)</i>	- Wed	4:30-5:45
Ballet IV (students required to take 4 hours/wk)	- Tues	4:30-6:00
	- Thurs	4:30-6:00
Pointe Class	- Tues	6:00-6:30
	- Thurs	6:00-6:30
Ballet V (students required to take 4 hours/wk)	- Mon	5:30-7:00
	- Wed	5:45-7:15
Pointe Class	- Mon	7:00-7:30
	- Wed	7:15-7:45
Ballet VI (students required to take 4 hours/wk)	- Tues	6:30-8:00
	-Thurs	6:30-8:00
Pointe Class	- Tues	8:00-8:30
	- Thurs	8:00-8:30

Ballet (Cont.)

Ballet VII (students required to take 6.5 hours/wk)	- Mon	7:30-9:00
<i>(Entire Class on Pointe)</i>	- Wed	7:45-9:45
	- Fri	6:30-8:00
Pointe Class	- Mon	9:00-9:30
	- Fri	8:00-9:00

Adult/Teen Ballet

Ages 13 and up Intermediate	- Mon	7:30-8:30
Ages 13 and up Beginner	- Tues	7:30-8:30

Jazz

Jazz IA (ages 6 & 7)	- Wed	5:30-6:30
Jazz 2A (ages 7 & 8)	- Wed	4:30-5:30
Jazz 2B & 3	-Wed	6:30-7:30
	-Thurs	5:30-6:30
Jazz 4	- Mon	6:30-7:30
Jazz 5	- Wed	7:30-8:30
Jazz 4 & 5 (combined)	- Tues	6:30-7:30
Jazz 6	- Mon	8:30-9:30
	- Wed	8:30-9:30
Jazz 7	- Tues	8:30-9:45
	-Thurs	8:30-9:45
Jump & Turns	- Thurs	7:30-8:30
<i>Open only to students also enrolled in Jazz 6 or 7</i>		

Dance Team

Dance Team Prep Class	- Sat	10:00-11:30
<i>(7th - 11th grade)</i>		

FOR MORE DETAILED INFORMATION PLEASE VISIT ADAMSONBALLET.COM